Individual training: Your voice as key for your success

Your ideal learning success with a personal trainer

Conscious speaking and clear articulation determine how you come across in presentations, conversations or negotiations. Together with the right posture and breathing technique, you can strengthen your charisma and personality.
In this exclusive face-to-face training, you will learn how to consciously control your voice and assert yourself more vocally - for more success in business situations! The training is tailored to your needs and offers you the opportunity to practise using your own examples to leave a lasting impression on your listeners.

Choose from these topics:

Voice and speech exercises

- Finding your own natural speaking voice.
- Bringing the voice to life.
- Giving the voice positive impact and charisma.
- The modulation of the voice.
- Speaking with and without a microphone in front of small and large groups.
- Tips for speaking in online meetings and conference calls.
- Avoidance of hoarseness.
- Estimate your own speaking volume.
- Speaking clearly, the right speaking speed and other tips.
- The linguistic design of texts and presentations.

Supporting the voice with breathing

- Make your voice more sonorous and voluminous with targeted breathing techniques.
- Use posture and body language consciously.

Stay calm and professional in stressful situations

- Recognize stressful situations in good time and take countermeasures.
- Dealing with stage fright and insecure situations.
- The optimal preparation.

What is individual training?

One-on-one training is a personalized 1:1 format with an experienced trainer. Together, you will design the training to perfectly match your goals and needs. The content of our seminars, which have proven successful for years, serves as the foundation for your personalized one-on-one training. Benefit from the transfer of knowledge and skills related to your chosen topic.

You can find further answers to questions about one-on-one training with a personal trainer in the FAQs below.

Your benefits

- You can use your voice and speaking style even more consciously and effectively.
- You train to give your linguistic expression more liveliness and versatility.
- You will receive many concrete tips for transferring them into your practice.
- You get direct feedback on the effect of your voice.
- The trainer focuses exclusively on you and takes your individual needs into account.
- The individual training is shorter than the open seminars, but more individual and intensive.

Online Learning Platform

Once you have registered, you will be able to access your online learning platform, including extra materials for consolidating what you have learned.

Who should attend

Specialists, managers and everybody, who have to speak a lot and convincingly.

Open Badges - Show what you can do digitally too.

Open Badges are recognised, digital certificates of participation. These verifiable credentials are the current standard for integration in career networks such as LinkedIn.

With them, you digitally demonstrate the competences you possess.

After successful completion, you will receive an Open Badge from us.

Read more:
https://www.haufe-akademie.de/seminare-lehrgaenge/trending-topics/open-badges



Personal Trainer



Anno Lauten
Mehr sagen mit weniger Worten.
Ich bin leidenschaftlicher Trainer und Coach und liebe es, Menschen dabei zu unterstützen, sich und ihre Anliegen selbstbewusst und gesund zu vermitteln.
Seit über 20 Jahren vermittle ich in unterschiedlichsten Formaten in Präsenz und online sowie in diversen Medien, wie durch den wirkungsbewussten Einsatz von Stimme und Körpersprache Inhalte, Produkte und Ideen überzeugend kommuniziert werden können.



Anna Graziella Sekou
My academic and professional journey revolves around business management, leadership development, and professional coaching (ICF). I strive to understand the essence of interpersonal bonds and the role we all play as connectors. My expertise in soft skills, emotional intelligence, and symbolic form and content allows me to understand and mirror human interactions at deeper levels.

Embracing diversity and inclusion has been a natural part of my journey, enriching my perspectives and interactions in various social settings.



Vivien Zuta
Ich liebe was ich tue.
Zu meine Glück schon fast immer.
Ich bin davon überzeugt, dass es kein Schema-F gibt, das für alle Menschen gilt. Es gilt herauszufinden, wie wir souverän kommunizieren können,

ohne das Gefühl haben zu müssen, eine Maske zu tragen.

In meinen Trainings und Coachings lernen meine Zuhörenden das, was für sie am Wichtigsten ist.
Ich arbeite flexibel und engagiert.
Sie müssen das Sprechen nicht lieben - aber sie müssen es können.
Jede Kommunikaitonssituation ist eine Chance. Klar, so sehen wir das nicht immer ;) Aber mit ein paar Tipps und Tricks können wir genau diese Situationen für uns nutzen.

Dabei unterstütze ich!

Your advantages at a glance

Open Badges
Add your digital badge to career networks and show what you can do.

All learning materials at a glance
In your app or online learning environment you will find all relevant information, services and working materials for your qualification after registration.

Training details

Training in English | Online

4 hours

Participation fee

€ 1.140,- excl. VAT
€ 1.356,60 incl. VAT

Your registration options

Online: www.haufe-akademie.de/42549
E-mail: anmelden@haufe-akademie.de

Book your training course quickly and easily online. Please be sure to enter the name of the participant and the full billing address with telephone number and e-mail address.

In our Questions & Answers (FAQ) section you will find all the answers to the most frequently asked questions about our training courses:
https://www.haufe-akademie.de/faqs

You can also find our detailed conditions of participation on the Internet under www.haufe-akademie.de/agb or in the overall program.
You can find the complete data protection regulations at www.haufe-akademie.de/datenschutz.